## **Snap and Chat Date Night**

As the weather turns warmer, it's a perfect time to take a walk and explore. If you walk together as a couple already, for this date you'll choose a different path than usual. If possible, choose somewhere you can enjoy some nature.

Resist the urge to powerwalk and instead meander along, taking the time to really see your surroundings. Explore, engage, and marvel at the beauty of creation from the tiniest ant to the tallest tree.

Armed with cameras (smartphone cameras are just fine), snap a picture of whatever catches your eye as you walk. With each snapshot share with your spouse what you were drawn to in the picture. What did you see? Why did you capture that picture? What caught your eye?

Keep snapping and chatting, reconnecting with nature and each other. Before you finish, snap a selfie of the two of you and share one beautiful thing you see in each other.

When you finish your walk you can simply enjoy the memory of your time together or you can upload some of your pictures to do one of the following:

- Create a wallpaper or screen saver for your computer(s)
- Print out a favorite or two to frame and display in your home
- Choose one picture to serve as a wallpaper for your smartphone
- Create a small photobook of your best images

Each time you see that picture (or pictures), it will remind you of the sweet time you spent together. Enjoy!