

10 Marriage Myths You Need To Stop Believing Today

A Webinar with Mark and Jill Savage

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Introduction

- What we _____ affects what we believe. What we believe affects what we _____. What we feel affects what we _____.
- That's why it's important for us to deal with some of the things we _____ about marriage so we can stop our head and heart from drifting in the wrong direction.

Marriage Myth #1:

Other _____ are better than ours.

- Unfair comparisons and unrealistic expectations are the seeds of _____ in marriage so we need to stop making them.
- We compare the _____ of our marriages to the _____ of other marriages.
- We need to tell ourselves "They have a _____ I don't know." When we do that, we pull ourselves back from the ledge of _____ and plant ourselves on the firm foundation of reality.

Marriage Truth #1:

All marriages have _____.

Marriage Myth #2

If only _____ would change, things would be _____.

- “If only” thinking breeds _____ and keeps us pointing a _____ at our spouse.
- It’s a slippery slope towards _____.
- “If only” thinking happens when we bump into our spouse’s _____ and we don’t know what to do with that clash.
- _____ may be the most important key to a long lasting union.

Marriage Truth #2:

If I learn to _____ my spouse, things will improve.

Marriage Myth #3:

We’ll take _____ for each other later.

- This kind of thinking is honorable but _____.
- Relationships take _____.
- If you have kids think “_____ over _____.”

- Three types of dates:
 - _____ Dates
 - _____ Dates
 - _____ Dates

Marriage Truth #3:

We need to take _____ for our marriage now.

Marriage Myth #4

“I don’t love you anymore” means it’s time to ____ _ ____ _.

- Feelings _____ and _____ in all relationships.
- We need to _____ to love.
- We have to do the right thing in order to _____ our feelings.

Marriage Truth #4:

“I don’t love you anymore” means I need to ____ _ ____ _.

Marriage Myth #5:

“We’re just _____. We’re _____!”

- Every married couple is _____!
- We need to _____ those differences, _____ those differences, and _____ those differences.

Marriage Truth #5:

Every married couple is _____ incompatible.

Marriage Myth #6:

My _____ doesn’t have anything to do with my _____.

- The home you grew up in is your _____.
- Where do I need to do a _____?
- One of the most important things we can do for our marriage is _____ into the _____ we brought into marriage.

Marriage Truth #6:

My _____ greatly affects my _____.

Marriage Myth #7:

Marriage shouldn't be this _____.

- Marriage is _____ work. It requires _____, _____, and _____.
- Sometimes marriage requires us to ask for _____.

Marriage Truth #7

Marriage is hard, but _____ work.

Marriage Myth #8

**I'm willing to _____ on our marriage but my spouse isn't,
so there's _____ I can do.**

- There's always room for us to grow _____ and being in what might feel like a one-sided marriage still has a _____ purpose.
- This is when we can _____ and experience a lot of emotional and spiritual growth.

Marriage Truth #8:

***Marriage isn't as much about _____ the right person
as it is about _____ the right person.***

Marriage Myth #9

_____ is just too hard so we've given up.

- We have to _____ to our circumstances and do what we need to do to make _____ happen.
- One option to consider is to _____ sex.
 - *It reduces _____.*
 - *It kicks the _____ into gear.*
 - *It allows for _____ planning.*

Marriage Truth #9

***Sexual _____ is important and
we need to figure out how to make it _____.***

Marriage Myth #10

Another _____ would be different.

- If you leave one relationship and head into another you're exchanging one _____ for another imperfect human being.
- A real marriage isn't _____. A real marriage is two people _____.

Marriage Truth #10:

*Another _____ would experience
many of the same _____.*

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