

Design a Date

I'm Fond-e-u

Sometimes a date at home can be more fun than going out. This Fondue Date is a great option for an evening at home focused on each other without distraction.

To make it successful, there are four things you need to think about ahead of time:

- 1) *Adults only.* If you have children at home, this date can take place after bedtime or the kids can go to grandma's or a friend's home so you can enjoy some quiet in your own home.
- 2) *No distractions.* Turn off the television and silence your phones. Feel free to put on some soft romantic or jazz instrumental music.
- 3) *Somewhere special.* Don't have your date at the dinner table where the family usually eats. Spread a blanket on the floor and have a fondue picnic or sit around the coffee table in your living room. Dim the lights, light some candles, and enjoy a quiet relaxing evening together.
- 4) *Food prep.* You can cut up and prepare many of the dipping foods the night before. You can also prepare the cheese and/or chocolate dips the night before and then simply heat them up for your date.

As you enjoy your fondue date, share a few things you are "fond of" about your spouse. Here are a few phrases to get you started:

In the kitchen, I'm fond of _____

In the summer, I'm fond of _____

In the evenings, I'm fond of _____

In bed, I'm fond of _____

During the work day, I'm fond of _____

Appetizers or Main Dish Foods to dip in a cheese fondue dip:

Lightly steamed broccoli florets

Button mushrooms

Summer sausage pieces

Already cooked cubed stew meat or cubed chicken

Lightly steamed cauliflower florets

Boiled baby new potatoes (skin on)

Apples

Steamed asparagus pieces

Cherry tomatoes

Cubed French bread

Desserts to dip in chocolate fondue dip:

Strawberries

Angel food cake (cubed)

Raspberries

Dates

Pineapple pieces

Bananas

Blackberries

Marshmallows (then roll in graham cracker crumbs for a s'more taste!)

Rice Krispie Treats (cubed)

Maraschino cherries

Apricots

Your local grocery store likely has prepared cheese fondue mixes. If you'd prefer, you can make your own! Check out these links available on this date in the Date Night site:

Cheese Fondue/ Chocolate Fondue/How to make fondue without a fondue pot.